



How to Use the Basal Insulin Adjustment Program

FOR PATIENT USE

The Insulin Adjustment Program is a titration algorithm that helps determine how to adjust your dosage of basal insulin, in small increments. It uses different data points to help get you to your ideal dosage.

1 TAKE YOUR FIRST RECOMMENDED DOSE



Once your first dose of insulin is synced with the TempoSmart™ App, you will be able to use the titration algorithm.

2 ADD FASTING BLOOD GLUCOSE

BLOOD GLUCOSE

You will see your recent insulin doses displayed on-screen. You will manually enter your fasting blood glucose numbers.

3 SEE YOUR NEXT RECOMMENDED DOSE

CLOSE

The next screen, according to your prescription, will display your next recommended dose along with the time and relationship to meals (e.g., "before breakfast.") After viewing this information, select **"Close."**

4 RECORD YOUR INSULIN DOSE



Administer your insulin dose using your long-acting Tempo Pen™. The Tempo Smart Button™ will automatically* transmit your dosing data to your TempoSmart app.

5 SEE UPDATES FROM YOUR HEALTHCARE PROVIDER



Your healthcare provider may update their recommendations for your insulin dosage. You will see a notification that says, **"An insulin adjustment plan has been prescribed for you by Your Provider."**

CONTINUE

Select **"Continue"** to see their updated prescription. You can choose to set a reminder to check your fasting blood glucose and/or to take your insulin.

*To transfer insulin dose-related data automatically, the Tempo Smart Button must be connected to the app and within 9 feet (3 meters) of the Bluetooth® wireless technology enabled mobile device. Insulin dosing information can also be entered manually.

Questions? Visit lillytempo.com or contact your healthcare provider.





How to Prescribe a Basal Insulin Adjustment Program in Tempo Insights™

FOR HEALTHCARE PROVIDERS

1 SET UP THE PATIENT'S PROFILE

Click into the patient's record and navigate to the **Insulin Programs** tab. Select **Set-Up Insulin Adjustment Program**.

2 ENTER THE INSULIN DOSING REGIMEN

CREATE TITRATION

Select "**Create Titration**" and follow the steps.

3 ENTER THE INSULIN DOSING REGIMEN

START TITRATION

Select "**Start Titration**" to authorize the patient's use of the Insulin Adjustment Program.

Once the patient is set up and authorized in the Insulin Adjustment Program, you will be taken directly to enter the dosing regimen.

4 CHECK ON TITRATION PROGRESS AS NEEDED



You are always able to select the patient from your patient list to view key information about their dosing and progress.

TEMPOSMART AND TEMPO INSIGHTS INDICATIONS FOR USE AND CONTRAINDICATIONS

TempoSmart™ is indicated for use by healthcare providers (HCPs) and their patients – aged 18 years and older—who have type 1 or type 2 diabetes. TempoSmart is intended to provide secure capture, storage, and transmission of glucose data as well as information to aid in diabetes self-management. TempoSmart automatically receives insulin dose-related data when connected to a compatible Tempo Smart Button™ device via wireless Bluetooth® technology and has the ability to detect and mark which doses are prime and which are injected insulin. TempoSmart analyzes and reports glucose test results and supports medication adherence. In addition, TempoSmart provides coaching messages (motivational, behavioral, and educational) based on real-time glucose values and trends. It includes software intended for patient use on mobile phones and software intended for healthcare provider use through computer web browsers. The software also allows for entry of other diabetes-related healthcare information and provides educational information.

The following TempoSmart features require a prescription:

For bolus insulin users with type 1 and type 2 diabetes, TempoSmart includes an Insulin Dose Calculator (IDC) to allow patients to use their prescribed regimen to calculate a dose of bolus insulin for a given amount of carbohydrates and/or glucose value from a blood glucose meter (BGM)

When connected to a compatible FDA-cleared integrated continuous glucose monitor (iCGM) and if an insulin-to-carb ratio plus correction factor insulin regimen is prescribed, TempoSmart includes a CGM IDC. The TempoSmart CGM IDC is software intended for the management of type 1 or type 2 diabetes in persons aged 18 years and older requiring fast-acting insulin. The TempoSmart CGM IDC allows patients to calculate a dose of bolus insulin for a given amount of carbohydrates, the most recent CGM glucose reading and rate of change, activity, and insulin on board (IOB).

For basal insulin users with type 2 diabetes, TempoSmart includes a basal titration feature which calculates appropriate long-acting basal insulin doses for titrating insulin levels based on configuration by a healthcare provider.

The healthcare provider must activate the basal titration feature and configure it for patient-specific parameters.

Tempo Insights™ is the healthcare provider-facing component of TempoSmart. Neither Tempo Insights nor TempoSmart is intended to replace the research, expertise, judgment, or treatment provided to patients by healthcare providers.

TempoSmart is not indicated for people with gestational diabetes or who use an insulin pump.

Important Safety Information for Tempo Personalized Diabetes Management Platform

When using the Tempo Personalized Diabetes Management Platform, if your patient is not sure if they injected their insulin or if their insulin dosing information is accurate, they should NOT start over or repeat the injection. Your patient should monitor their blood glucose per your instructions. Ensure your patient has a backup diabetes management plan if their Tempo Smart Button or TempoSmart App stops working. Having a backup plan and supplies can help avoid hyperglycemia and hypoglycemia. Using the Bolus Insulin Dose Calculator with an incorrect dosing regimen or without all the patient's recent insulin logged may result in unsafe recommendations, which could lead to severe hyperglycemia, severe hypoglycemia, or injury. Carefully review insulin dosing regimen before authorizing the Bolus Insulin Calculator. Keep the Tempo Smart Button away from children. For additional product and safety information, including Warnings and Cautions, consult the Tempo Smart Button Instructions for Use, TempoSmart App User Guides and Tempo Welcome Kit and Tempo Refill Kit Instructions.

Questions? Visit lillytempo.com/hcp

